

# InVisioning Your Best Life

## VISION BOARDING YOUR GOALS, DREAMS & DESIRES

Inside each of us is a vision of our ideal life... a vision that is sometimes clear to us, and sometimes not. 'Seeing' where we want to go is very important though, because then we can aim our thoughts and our actions in that direction — and envision our dreams, hopes and desires coming true.

That's what a Vision Board can help you do, because it utilizes the inner powers we all have to create the life we want — through visualizing and imagining. All of the best athletes do this. They practice holding the vision of their plays and moves, they see themselves winning — and they do!

By "getting the picture" of what you want, you too can use that magnetic, attracting power of visualization and imagination in your own life. How? By literally gathering pictures of what you want your life to contain, and creating a Vision Board. Then by focusing on your Vision Board pictures each day, and imagining what they portray, you'll be doing the same thing athletes do to gain success.

Here's a great thing about Vision Boards — anyone can do them... no experience is required! It's a wonderful way to change your life! Here's how our in-depth workshop will begin...

On Friday evening I'll guide you in collecting (from old magazines) a variety of images, words, and phrases that a deeper part of you says "Yes!" to. You'll tap into your feelings and your intuitive guidance as you choose pictures of what would offer your life the most meaning and passion.

On Saturday morning and throughout the day I'll give you step-by-step instructions for how to use your favorite images and words to craft your own personalized 16" x 20" Vision Board collage. You'll also have an abundance of decorative papers and art supplies available for enhancing the magazine images you've gathered. (Your 'work of heart' may become a framable 'work of art'!)

You can choose your Vision Board's focus to be on a specific aspect or life goal (a love relationship, a business dream, etc.), or on an overall feeling for your life (peace, abundance, health, etc.).

The power of a Vision Board extends far beyond what you discover about yourself during the workshop. At home as you visualize, imagine, and FEEL what your Vision Board portrays, you will magnetize yourself to attract those into your reality (a principle called the Law of Attraction).

Does that /can that really happen? Yes! My own experiences, and the numerous stories I've heard from former workshop participants, prove there is definitely a truth to this.

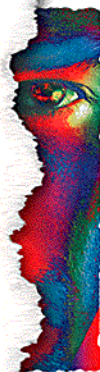
Change your life... Register now! Together let's make the visions of your dreams, goals and desires come to life today instead of "someday".

*Ken Johnston*

**DATES & TIMES:** Fri. **May 19th**, 6:30-9:00 pm & Sat. **May 20th**, 9:00 am-5:00 pm  
Or attend one of these workshops (same hours): **June 16th & 17th | July 14th & 15th**  
(I have other dates available to schedule a workshop for your private group of 3-5.)  
**TUITION:** \$75 | **or Two-for Discount of \$65 each.** Fee includes All Supplies, Refreshments, and more. (Bring your Lunch, or many take-out options close-by.) Small class size for personal attention!  
**LOCATION:** Ken Johnston's Heartworks Studio (south Garland, TX location)  
**REGISTRATION/INFO:** Register to reserve your spot by calling Ken at 972-271-1313

You'll find workshop collage examples, and more, at [www.kenjohnston.com](http://www.kenjohnston.com)

THE ART OF HAPPINESS



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